



## ASHK CAREER CONNECT (PILOT 2026)

# Participant Guide

How to book, prepare, and make the most of your session.

### WHAT YOU SIGNED UP FOR

*One conversation. One session. One Advisor who will just share their honest perspective as they have lived the journey.*

*Each meet-up is a one-off engagement, with no long-term commitment required from either party.*

### HOW IT'S RUN

- 1 After you have signed up, browse the Advisor list. Pick someone whose background matches where you are or want to be. If slots are still available, you will be provided with their contact details.
- 2 Connect with the Advisor and agree on a date, time and format (coffee, lunch, or virtual) to meet.
- 3 Prepare one focused question before the session. See examples below.
- 4 Have the conversation. Everything is confidential — ASHK is not in the room and does not receive session content.
- 5 Complete the short feedback survey sent after your session (2 mins, anonymous).

*Visual is AI-generated and intended for illustration only. It does not represent actual individuals or events.*

## HOW TO PREPARE

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- Know your context — what stage are you at, and what decision are you sitting with? 'I'm unsure whether to stay in pricing or move to consulting' is more useful than 'I want career advice.'
- Prepare 1–2 focused questions. One real question gets you further than five vague ones. You can follow up with a different advisor next month.
- Brief your advisor upfront — spend the first 2 minutes giving context. Don't wait to be asked.
- Take notes. Capture the 2–3 things you want to act on before the session ends.
- End by naming your next step out loud. This cements the session and gives your advisor a sense of impact.

## QUESTIONS WORTH ASKING

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<b>DIRECTION</b>	I'm at a fork between staying technical and moving into management — how did you think about that choice?
<b>INDUSTRY</b>	What do you wish you'd known before moving from insurance to banking / consulting / tech?
<b>EXAMS</b>	How much did exam progress actually matter for your early career trajectory — honestly?
<b>SWITCHING</b>	Is it harder to switch functions at 5 years' experience than at 2? What makes a lateral move land well?
<b>GROWTH</b>	What would you do in the first 90 days of a new role to build credibility quickly?
<b>HONEST</b>	Looking at my background, what gaps would concern you if you were hiring me?

## SESSION ETIQUETTE

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### ✓ PLEASE DO

- ✓ Come with a specific question
- ✓ Be honest about your situation
- ✓ Respect the advisor's time — end on schedule
- ✓ Send a brief thank-you message after

### ✗ PLEASE DON'T

- ✗ Ask for job referrals or introductions
- ✗ Share what the advisor says with others
- ✗ No-show without cancelling in advance
- ✗ Treat this as ongoing mentorship — it's one session
- ✗ Ask for a CV review unless the advisor offers

## CONFIDENTIALITY

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 What you share stays in the room.

Your advisor will not share the content of your conversation with ASHK, colleagues, or anyone else. You are equally expected to keep the advisor's views confidential. ASHK only receives anonymous aggregated feedback scores — never session content or identities.